

CITY OF BERWYN RECREATION DEPARTMENT

ALL ACTIVITIES AT 6501 W. 31st Street, Berwyn (708) 788-2010

Programs for Berwyn Adults 55 & Over!

A.M. LAP WALK OR RUN!



Cold outside? The weather isn't cooperating?

COME INSIDE & GET YOUR EXERCISE GOING!

Walk, jog or stretch inside at the Berwyn Recreation Department Gym.

We have plenty of parking & our building is handicapped accessible.

Walk ~ Run ~ Stretch & It's FREE!

Monday - Friday 8:00 - 10:00 a.m. September 8th thru May 27th

CLOSED ON:

Labor day, Thanksgiving day, Christmas, New Years & Memorial day

WII BOWLING AT THE REC!

WII BOWLING, refreshments & snacks!

Monday's at 1:00 p.m. to 2:00 p.m.

Begins Monday Oct. 5th thru May 16th

No Wii Bowling on 10/12, 11/9, month of December, 1/4, 1/18, 2/15, 3/7, 3/28



Special Luncheons

Come have lunch at the Berwyn Rec! Strictly for Adults 55 & over!

Welcome Back! Wednesday September 23rd

Halloween Party Friday October 30th

Autumn Awakening Wednesday November 18th

Christmas Party Wednesday December 9th

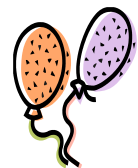
Winter Wonderland Wednesday January 20th

Valentines Day Friday February 12th

St. Patricks Day Thursday March 17th

Spring Fling Wednesday April 13th

Memorial May Wednesday May 18th



Lunch reservation is required! Call (708) 788-2010 for more information